



**WANNA DO SOMETHING TO CREATE SOME PEACE IN YOUR LIFE?**

**WANNA HELP CREATE SOME PEACE IN THE WORLD?**

**How?**

**BY SUPPORTING PEACEFUL PROJECTS THROUGH LKPY!!!**

LKPY provides a grant each year to a young person or a group of young people that wish to run a project aimed at achieving outcomes focused on **peace**: celebrating diversity, connecting with others, building community, resolving conflict, offering help, encouraging expression and developing talents.

Last year LKPY awarded the first of these grants to Jeremie Dussuyer and Radio Pasifik who are known as **Peace Unplugged** Community consisting of volunteers made up of university students and members of the community of all backgrounds involved in putting together the very first **Peace Unplugged** Concert Suva Fiji that will be staged in September 2008.

Check out the Peace Unplugged Community websites:

<http://peaceunplugged2008.multiply.com/>

<http://www.bebo.com/PeaceU8>

So, how to get involved in supporting awesome projects such as this?

By simplifying your life. Most of us have tonnes of stuff that we spent a fair chunk of our lives worrying about, cleaning, making sure it doesn't get stolen or lost or broken. How much do we really need? By having less 'stuff' we have less anxiety about protecting the 'stuff' and we have made room for a little more **peace** in our lives.

## **So, HERE WHAT YOU DO**

Find some items in your home that you would rather not worry about any more and sell them. Sell it on Ebay, take it to a flea market, have a garage sale, take your read books to a second hand book store.

Now you've created a little more mental **peace**. Hoorah!

To grow that sense of **peace**, donate the funds you have raised to LKPY **peace**grants project. Go to the '**support us**' tab on the LKPY website [www.lkpy.org](http://www.lkpy.org) and ensure that you specify that you wish to donate to the **peace**grants project.

If all this sounds like too much, please consider donating and spreading some **peace** in the world.



**Loving Kindness Peaceful Youth**

*they say 'a waterfall starts with one drop of water'  
LKPY says 'peace starts with just one person'*