

DELIBERATE ACTS OF KINDNESS PROJECT

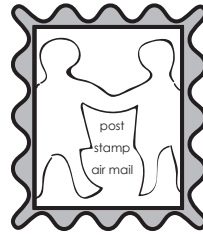
You are invited to contribute your act of kindness to LKPY.

Think of something kind that you can deliberately do for someone else. However don't just think it... write it down, post it to us and then go and do it within the month that you send it to us.

Some ideas are: offer free shoulder massages at the mall, bake biscuits for your neighbours, shout coffees at your local cafe, or even paint someone's house when they can't do it themselves.

Write your act on the back of this card (be brief and legible), then paint it, draw it, use photographs, magazine clippings... Let this card be your canvas... Use it to inspire others!

Get creative. Get inspired. It might feel small, but it does change the world!



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